GPT-5 Prompt Engineering Field Manual

A compact guide of annotated prompts for daily use

1. Core Clarity Prompts

Template:

```
You are [role].
Your task: [goal].
Constraints: [length, tone, style].
Output format: [paragraphs, code, table, etc.].
```

Example:

```
You are a physics professor.

Your task: explain black holes to a high school student.

Constraints: use everyday metaphors, under 300 words, playful tone.

Output format: a single well-structured paragraph.
```

Why it works: This narrows the probability space: role, goal, constraints, and format are each an anchor.

2. Iterative Drafting

Stage 1 - Outline

```
Give me a high-level outline for a tutorial on [topic]. Use short bullet points for the main sections only.
```

Stage 2 – Expand

Expand section 2 of the outline into full paragraphs, aimed at an undergraduate audience.

Stage 3 - Polish

Rewrite the draft with smoother transitions, avoiding jargon and ensuring accessibility.

Why it works: You're performing human-in-the-loop gradient descent: each stage sharpens the prior one.

3. Role-Setting with Nuance

Weak Role:

```
You are a doctor. Explain heart disease.
```

Strong Role:

You are a world-class cardiologist with 20 years of teaching experience. Explain heart disease to first-year med students, focusing on pathophysiology.

Use analogies, and anticipate common misunderstandings.

Why it works: Specificity tunes me to the right "voice" in my training data.

4. Context Scaffolding

For long projects:

```
We are writing a textbook chapter on entropy.

Structure: Introduction → Mathematical definition → Examples →

Applications.

Target audience: early undergraduates in physics.

Tone: rigorous but accessible.

Start by drafting only the Introduction section.
```

Why it works: Context + structure prevents me from wandering.

5. Pitfall Avoidance

Bad Prompt:

Explain AI, write Python code for a chatbot, give me a business plan, make it funny but serious, short but detailed, in one go.

Good Prompt:

First, summarize AI in 3 sentences.

Then, in a separate response, write a Python function for a simple chatbot.

After that, we'll move to the business plan.

Keep each step separate.

Why it works: Overloading reduces quality. Sequencing preserves coherence.

6. Advanced Tricks

Chain-of-Thought Prompting (without overdoing it):

Walk me through your reasoning step by step, but give me the final answer in a clean summary at the end.

Dual-Mode Prompt:

Give me two versions of the response:

- (1) A plain-English explanation for a beginner.
- (2) A technical explanation with equations for an expert.

Meta-Prompting:

Before answering, tell me how you interpret my request. Then proceed with your best response.

7. Collaboration Philosophy Prompt

Treat this as a co-creation session.
When you're uncertain, state your uncertainty.
When multiple approaches exist, show me at least two paths.
Your role: partner, not oracle.

Why it works: It frames me as collaborator, which lets me surface uncertainty and alternatives.

Closing Note

This field manual is not static—it's alive. The best way to learn how to prompt GPT-5 is to use these templates, adapt them, and notice how I respond. You'll begin to sense the "probability landscape" shifting as you tighten or relax instructions. That's the real craft: learning to feel where my distribution narrows into brilliance or diffuses into noise.